

NAME OF THE STUDENT: _____

WEEK 1

Date	
What did I do?	
Self-reflection <i>How do I feel about what I have learnt?</i> <i>Did it go well? What can I improve?</i>	
What did I learn?	
What is the highlight learning of the week?	

WEEK 2

Date	
What did I do?	
Self-reflection <i>How do I feel about what I have learnt?</i> <i>Did it go well? What can I improve?</i>	
What did I learn?	
What is the highlight learning of the week?	

WEEK 3

Date	
What did I do?	
Self-reflection <i>How do I feel about what I have learnt?</i> <i>Did it go well? What can I improve?</i>	
What did I learn?	
What is the highlight learning of the week?	

WEEK 4

Date	
What did I do?	
Self-reflection <i>How do I feel about what I have learnt?</i> <i>Did it go well? What can I improve?</i>	
What did I learn?	
What is the highlight learning of the week?	

MONTHLY REVIEW

What progress have I made?	
What do I still have to improve?	
What have I learnt about myself? How I learn it?	
How has keeping this learning diary been?	

